Chants Volume V – Recorded by Sára Rain – These recordings are for learning purposes. This material is not for sale. If you make copies to share (which I encourage), please include this information. I have tried to credit song originators and share translations as much as my knowledge allows. Oral tradition has a way of changing music but I have tried to maintain the integrity of each song to the extent of my abilities. Please enjoy this music in your own practice with appreciation and respect for those who created the songs. Contact me with questions, comments or more information about any of this.

Happy singing!

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1. O Hineni – (Rabbi Shefa Gold) – Hebrew

“here I am, turning myself into a chariot for your Divine presence”

O Hineni, osa et atzmi, mirkava l’Shekinah

(standard guitar – Am G)

1. Ayecha – Hebrew

“Where are you? Here I am!”

Ayecha – Hineni – here I am – Oh, here I am

(open tuned guitar – key of C)

1. Ashre Edam - (Rabbi Shefa Gold) – Hebrew

“Happy are those who listen to me”

Ashre edam shomei ali

(open tuned guitar – key of C)

1. Adonai Tsefatai – (Eyal Rivlin) – Hebrew

“Lord, open my lips, and give me the words to pray to you”

Adonai tsefatai ti’iftach ufiyagid tehilah – tehilah techah

(standard guitar – Am G / Dm C / E)

1. Gayatri Mantra – (Bernie Heideman) – Sanskrit

Om Bhur–earth / Om Bhuva–celestial / Om Swaha–active mind / Om Maha–silent mind / Om Janaha–creation / Om Tapaha–intuition / Om Satyam–truth – Om – Om tat savitur varenyam, bhargo devasya dimahi, dhyoyonaha prachodayat

*May we attain the excellent glory of God, May he stimulate our prayers*

(standard guitar – Am G/C G/F C G)

1. Dona Nobis Pachem – from Latin mass

“give us peace”

1. Alleluia We Are One – (John Astin)

I see the light of the father in you, and I feel his strength in you – I see the light of the mother shining in you, all of her loving kindness I feel through you – Alleluia we are one as we dance as man and woman learning to understand as we celebrate this union

(standard guitar - Am G Am G F/Am G F E)

1. Dipping Zikr – (Mansur) – Arabic

“The One, There is nothing except for God”

Allah – La ilaha el il Allahu

(open tuned guitar – key of C)

1. Sweetness Zikr – (Leilah Be) - Arabic

“Only God is real, God, God, God!!!”

La ilaha il Allah – Hu Allah – il Allah

(open tuned guitar – key of C)

1. Zikr of the Groove – (Maitreya Jon Stevens) – Arabic - “God is the love, God is the beloved. Everything in existence is God”

Ishq Allah Mabudlillah, Allah Allah – La ilaha el il Allahu, Allah Allah

(standard guitar - Am G Em Am Em Am/ /C G Am Em Am Em Am)

1. Rahim Allah – (Leilah Be) - Arabic

The Merciful God – All Praise to The One

Allah, Rahim Allah – Alhamdulillah

(open tuned guitar – key of C)

1. Traditional Zikr - Arabic

“The purifying God, Praise to God, God is Strength” Il Allah – Allah – Subhan Allah – Alhamdulillah – Allahu Akbar

(open tuned guitar – key of C)

1. Zahir As-Salaam Aleikum – (Zahir Orest) – Arabic “peace be with you, and with you peace… there is nothing outside of the Divine Being”

As-salaam aleikum – wa-aleikum as-salaam – La ilaha il Allah

(standard guitar – Am G)

1. Ganga ki Jai Jai – Hindu – Honoring the Yamnu River, the Ganges River and Mount Kailech, the birthplace of Shiva

Ganga ki Jai Jai – Yumna Ki Jai Jai – Kailesh Pati Shiva Shankar ki Jai Jai

(open tuned guitar – key of C)

1. Maiji Deos – (Anahata) – Portugese

“Mother of God, remember me, Maria, Remember me, Our Lady who Appears”

Maiji Deos lembraiji mim – Maria, Maria – Nossa Senora aparecida

(standard guitar - Am Dm G Am Dm G E Am)

1. I Am the Earth - (Deirdre Pulgram Arthen)

The earth is a mother – the earth is a healer –

the earth is a mountain – the earth is a fountain – the earth is in sorrow – the earth is in joy –

the earth she is crying – the earth has a song to sing – I am a blackbird – I am a river – I am a healer – I am a mother – what is the earth? – who is the earth? – we are the earth – I am the earth

1. Begin Beginning

All that is lost is found, and everything in life goes round – just when you think you have everything – you have got to begin beginning

1. Thou Holy Asha – Zoroastrian – honoring the Divine Ruling Principle “Asha”

Thou Holy Asha – thou art on the tree of life – standing in the middle of the eternal sea

##### (standard guitar - Am/Am Dm Am/Dm Am E7 Am)

1. One Heart Beating – (Sue Kirkpatrick)

we are one world, one voice, one heart beating – everybody living in this world, everybody’s got a voice let’s use it, everybody living in this world, one heart beating – we are one world, we are one heart beating, we are one world, one heart beating

1. Holy Spirit Within – (Mark Anderson)

Holy spirit within, help me to bloom into that which I am, help me to love the whole of the world – I ask for beauty in myself, I ask for beauty in the world, I ask for beauty in all of my brothers

(standard guitar - D Am/ D Am C/D Em G D/ [Am C])

1. Italian Curfew Song – ding, dong, ding, the sound, the sound of the bells, good night!

din, don, din suona suona la compana, buona noté

1. Eastern Wind – Sára Rain

Sitting in the stillness – listening for – murmurs from behind God’s closed and heavy doors – knocking at the doorway – the eastern wind blows – singing through my heartache – rattling the windows – I don’t need to know what the wind – I just need to go where the wind blows – thought I held the world in my srrong hands – but that eastern wind had other plans – my bags are packed and I’ve got my boots on – lights are blazing and the coffees’ strong – I don’t need to know… - silver strings stretched and singing, waiting for the call, clock’s ticking and I’m listening – I don’t need to know…

1. Lay This Body Down – Sára Rain

As the sunlight fades away (I will lay this body down) – I will bow my head and pray – when all my days have gone and flown – I’ll hear my love call me home – Alleluia – When it comes my time to die – my spirit will take wing and fly – I’ll feel my love nearby - then I will close my eyes – Alleluia – When I reach the distant shore – Alleluia - then I will weep no more – Alleluia – I ask that you will stay – remember my love every day – Alleluia